

The Stable Brasserie

Menu

Starters

SOUP OF THE DAY £3.95

A choice of two freshly made home made soups blending the finest quality ingredients

SEAFOOD RENDEZVOUS £6.05

Signature Dish - salmon, cod, tuna, prawns, mussels, bound with peppers and onions in a white wine & cream sauce

CHEFS PATÉ OF THE DAY £5.15

Smooth Brussels paté served with Cumberland sauce and salad

MUSHROOM PEPPERPOT £5.15

Button mushrooms bound in a peppercorn and capsicum cream sauce, onions and peppers

BARBECUED SPARE RIBS £5.45

Served in a tangy barbecue sauce

MEDALS OF BLACK PUDDING £5.15

Medals of black pudding, lightly grilled served with a sauce of your choice: Rich onion gravy, au poivre or Dijon & cream

CHILLI CHICKEN LIVERS £5.15

Fresh chicken livers, sautéed with onions, mushrooms, fresh chillies and garlic finished in a red wine sauce

GUNPOWDER PRAWNS £6.45

King prawns sautéed with fine vegetables finished with a hot chilli sauce

BEECHES PLATTER £6.45

Smoked salmon, poached salmon, pate, brie, avocado & prawns accompanied by a French leaf salad & Marie Rose sauce

BEECHES COMBO FOR TWO £10.15

A selection of crisp garlic bread, sautéed garlic mushrooms, BBQ pork ribs, giant potato wedges, deep fried filo prawns served with a sweet chilli sauce & garlic mayonnaise dip.

GARLIC BREAD WITH CHEESE £3.15

GARLIC BREAD WITH PEPPERONI & CHEESE £3.45

GARLIC BREAD WITH CHEESE & PRAWNS £3.55

Main Courses

CHICKEN BEECHES £10.95

Our renowned namesake dish, strips of tender chicken breast sautéed with onions & garlic in a white wine, cream & garlic sauce

CHICKEN NEW YORKER £12.95

Breast of chicken topped with crispy bacon smothered with glazed mozzarella cheese served with a tangy barbecue sauce

HALKIDIKI STYLE CHICKEN £13.15

Succulent breast of chicken stuffed with feta cheese, wrapped in Parma ham served with a sweet barbecue sauce

STEAK, CHICKEN & PRAWN £10.95

Strips of prime rump steak, chicken breast & Icelandic prawns with mushrooms, onions, white wine & garlic in a cream sauce

COCK 'N' BULL £10.95

Strips of prime rump steak & chicken breast sautéed with mushrooms and onions in a black and green peppercorn cream sauce

TOO HOT TO HANDLE £10.95

Strips of prime rump steak & chicken fillet sautéed with onions, mushrooms & peppers in a HOT chilli sauce

LOCAL SAUSAGE £10.15

*Served with mustard or creamy mash and red onion gravy
Add a fried egg for 50p*

LOIN OF LAMB £16.15

Eye of lamb wrapped in bacon with a red wine sauce

Fish

Our Fish is sourced by local fish merchants by C & G Neve of Fleetwood

FILLET OF SALMON £10.95

A poached fillet of salmon served with a lime and parsley cream sauce

FILLET OF SEABASS £15.15

Fillet of seabass, lightly grilled complemented by a champagne & prawn sauce or plain grilled with fresh lemon

TRIO OF FISH £10.95

Medallions of salmon, cod, and tuna, lightly grilled and complemented by a white wine and saffron cream sauce

FISH & CHIPS £10.15

Boneless fillet of cod, lightly floured and deep fried in a crisp batter served with chips and mushy peas

DEEP FRIED SCAMPI £10.15

Whole tail scampi battered and deep fried until golden brown

Some of the dishes on this menu may contain nut products or food substances to which you may be allergic. Please ask our staff for information.

To the best of our knowledge, none of our dishes contain genetically modified ingredients.

From the Char Grill

SIRLOIN 8OZ	£12.15
FILLET STEAK 7OZ	£16.15
RIB EYE STEAK 12OZ	£13.95
<i>All the above steaks are accompanied by grilled mushrooms & tomato or accompanying sauces £1.00 extra; au poivre, Dijon, Diane, bordelaise, garlic & herb butter</i>	
TOURNEDOS ROSSINI 7OZ	£16.50
<i>Prime fillet steak char grilled to your liking served on a bread crouton with a rich red wine sauce topped with a slice of pate</i>	
LANCASHIRE STEAK 7OZ	£16.95
<i>Char grilled fillet steak served on a medallion of black pudding topped with a sliver of pate covered in a red wine sauce</i>	
PEPPERONI STEAK 8OZ	£14.95
<i>Prime sirloin steak, topped with pepperoni and mozzarella cheese and served in a red wine sauce</i>	
STEAK NEW YORKER 8OZ	£15.95
<i>Sirloin steak topped with crispy bacon smothered with glazed mozzarella cheese served with a tangy barbecue sauce</i>	
BEECHES MIXED GRILL	£14.95
<i>4oz rump steak, Cumberland sausage, 4oz gammon steak, 4oz lamb chop & black pudding served with fried egg, grilled tomato & mushrooms and chips</i>	

The weights stated are uncooked weights

All main courses are served with chips or new potatoes and fresh vegetables, alternatively rice.

A supplement of £1.50 will be added if a side salad is your preferred alternative to vegetables.

Vegetarian Dishes

VEGETABLE CURRY	£9.05
<i>A selection of vegetables, sautéed with garlic, ginger and soy sauce, simmered in a mild curry sauce and presented on a bed of Saffron flavoured Basmati rice</i>	
AVOCADO & VEGETABLE BAKE	£9.05
<i>Fresh vegetables stewed in a tomato and garlic sauce, topped with slices of avocado, bound in a creamy cheese sauce and baked until golden brown</i>	
BROCCOLI & BRIE PITHIVER	£9.05
<i>Slices of soft creamy brie with florets of baby broccoli, encased in a light puff pastry amid a white wine & cheddar cheese sauce</i>	

Pastas

CHICKEN & PRAWN PASTA	S/P £5.15	M/C £9.15
<i>Strips of chicken and Icelandic prawns served with a tasty cream sauce</i>		
SALMON & BROCCOLI PASTA	S/P £5.15	M/C £9.15
<i>Tasty pieces of salmon with florets of broccoli served in a cream sauce</i>		
SPAGHETTI BOLOGNAISE	S/P £5.15	M/C £9.15
CHICKEN & BACON PASTA	S/P £5.15	M/C £9.15
<i>Strips of chicken and bacon with a cream sauce</i>		
ASPARAGUS & PARMA HAM PASTA	S/P £5.15	M/C £9.45
<i>Served with red onion, provencale sauce and Fusilli Pasta</i>		

Light Meals

SANDWICHES/ SALADS	
ROAST TURKEY & STUFFING	£4.85 / SALAD £8.60
SMOKED SALMON & PRAWN	£5.35 / SALAD £9.05
HOT STEAK & ONION	£5.05 / SALAD £8.85
HOT CAJUN CHICKEN	£4.90 / SALAD £8.60
ROAST BEEF & HORSERADISH	£5.25 / SALAD £9.05
HAM & SMOKED CHEESE	£4.85 / SALAD £8.60
POACHED SALMON & CUCUMBER	£5.05 / SALAD £9.00

Any of the above may be served as a sandwich on white/wholemeal bread or baguette or as a Salad

Side Orders

ONION RINGS	£3.05
BEECHES FRIES	£1.85
CHIPS	£1.85
NEW POTATOES	£1.35
JACKET POTATO	£2.60
<i>With or without garlic butter</i>	
GARDEN PEAS / MUSHY PEAS	£1.35
VEGETABLES	£1.55
TOMATO, CUCUMBER AND RED ONION SALAD	£2.60
SIDE SALAD –	£3.05
<i>Choose from a Chopped Salad, Green Salad or Mixed Salad served with a choice of dressings: Balsamic, Caesar, Olive Oil, Blue Cheese, Chilli, Lemon or French Dressing</i>	

Children's Meals

SPAGHETTI BOLOGNESE	£4.15
<i>Homemade bolognese served on a bed of spaghetti</i>	
PIZZA & CHIPS	£4.15
<i>Individual cheese & tomato or cheese & ham pizza, oven baked & served with chips</i>	
TRADITIONAL ROAST BEEF	£4.15
<i>Served with fresh vegetables, new potatoes & roast gravy</i>	
MINI FISH & CHIPS	£4.15
<i>Fresh fillet of cod, deep fried in batter with chips & peas</i>	
CHICKEN NUGGETS	£4.15
<i>Fresh chicken fillet coated in batter & deep fried, served with chips & beans or vegetables</i>	



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